



☞ “We use the creative art process to facilitate personal well-being” ☛

Registered Charity No. XR36993 On-line Home page: [www.nigat.org](http://www.nigat.org)

**Contact:** NIGAT Secretary Fiona Chapman, c/o Centre for Psychotherapy, Shimna House,  
Knockbracken Healthcare Park, Saintfield Road, Belfast BT8 8BH

**Email:** [secretary@nigat.org](mailto:secretary@nigat.org)

## **NIGAT DAY MEETING**

The Group holds three Day Meetings per year which combine experiential workshops and presentations on theoretical approaches, case studies etc. These Day Meetings (10.00am - 4.00pm) are open to both members *and* non-members and are always held on the first Saturdays in February, June and October. Next Meeting -

**Saturday 7th June 2008**

**10am – 4pm**

**VENUE: Ballyowen Day Centre, 179 Andersonstown Road, Belfast 11**

*(at the back of the Ballyowen Health Centre Complex facing Finaghy Road North)*

The general format of the Day Meeting is as follows:

- 10.00am - Arrive - tea / coffee
- 10.30am - Opening circle. Introductions
- 10.45am - **Experiential Art Workshop** (drawing, painting, clay work etc)  
- an optional theme will be offered by Ceri McKervill
- 1.00pm - Lunch (provided)
- 2.00pm - **Afternoon session:** a presentation by Alice McCullough  
- *“Art in Action – The Knights of the Round Table Arts Collective”*
- 3.00pm - NIGAT business and art therapy information & news
- 3.30pm - Tea / coffee; conclusion; tidying up
- 4.00pm - Close.

### **Day Meeting attendance fees (pounds Sterling £)**

*For Members:* £ 5.00

*For Non-members:* £10.00 (employed); £ 5.00 (unemployed)

Pay on arrival. (Attendance fees = for whole day, or any part thereof, and including lunch & refreshments.)

If you plan to attend the next Day Meeting or wish to receive further details, please inform the NIGAT Secretary in advance. We look forward to seeing you there!

**Please complete the slip below & return to the Secretary at above address, or email, ASAP to confirm attendance**



NAME:.....

ADDRESS:.....

I will / will not attend the NIGAT Day Meeting on 07/06/08 *(Please delete as appropriate)*