



VENUE: Ballyowen Day Centre, 179
Andersonstown Road, Belfast 11
(at the back of the Ballyowen Health Centre
Complex facing Finaghy Road North)

Saturday 5th February 2011: 10.00am - 4.00pm

- 10.00 am - Arrive and register - tea / coffee.
- 10.30 am - Introductions.
- 10.45 am - Julie Sutton (Music Therapist) will present on the idea of ‘Time’.
- 12:30 pm - Lunch (provided).
- 1.30 pm - Art making session, also on the theme of ‘Time’.
- 3.00 pm - NIGAT business & art therapy information.
- 3.30 pm - Tea / coffee. Conclusion. Tidying up.
- 4.00 pm - Close.

Day Meeting fees:-

Members = £5.00. Non-members = £10.00 (employed); £5.00 (unemployed)
(For whole day, or any part thereof, & including lunch & refreshments.)

Pay on arrival.

NIGAT membership: Annual rates: £25.00 (employed); £15.00 (unemployed / low waged)